

2020 Greater Boston Track Club INVITATIONAL

TENTATIVE Schedule of RUNNING Events

(SB = scholastic boys, SG = scholastic girls, W=women, M=men)

ON THE OVAL

9:10am 3000m Race Walk W + M Final (20 minute limit) updated: 01-12-20

ON THE STRAIGHTAWAY (top 8 open trial times move on to one-section final)

Each Contested Event after the Other

9:40am 60m High Hurdle W, SB, M Trials (scholastic final)
60m W then M Trials
Masters 60m Men Only Masters Final Only

ON THE OVAL

11:05am 400m W Open
400m M Open
Masters 400m Men Only Masters
11:30am 600m W Open (2-turn stagger)
600m M Open (2-turn stagger)
11:50am 300m W Open (in lanes)
300m M Open (in lanes)

ON THE STRAIGHTAWAY (top 8 trial times move on to one-section finals)

12:20pm 60m High Hurdle FINAL MEN Final (Top 8 Trial Times)
60m High Hurdle FINAL WOMEN Final (Top 8 Trial Times)
60m Dash FINAL WOMEN Final (Top 8 Trial Times)
60m Dash FINAL MEN Final (Top 8 Trial Times)

ON THE OVAL (SCHEDULE WILL ROLL FORWARD UP TO BUT NO MORE THAN 30 MINUTES)

12:35pm Scholastic/Prep Mile SG then SB Scholastic Sections
1:35pm **Bill Squires Invitational Mile** W Invitational Section
Recover Athletics Open Mile W Open
1:55pm **Bill Squires Invitational Mile** M Invitational Section
Recover Athletics Open Mile M Open
Masters Mile Men Only Masters
2:35pm 200m W Open
200m M Open
The Indu Conley Masters 200m W + M Masters
3:05pm **Wellness in Motion 1000m** W Open
Wellness in Motion 1000m M Open
3:30pm **Richardt Performance & Rehab Invite 800m** W Invitational Section
800m W Open
3:45pm **Richardt Performance & Rehab Invite 800m** M Invitational Section
800m M Open
Masters 800m Men Only Masters
4:00pm 4 x 440y W / M
4 x 220y W / M
4:15pm **Outback Physical Therapy Invitational 3k** W Invitational Section
3000m W Open
Outback Physical Therapy Invitational 3k M Invitational Section
3000m M Open

Greater Boston Track Club INVITATIONAL

TENTATIVE Schedule of FIELD Events

FIELD EVENTS

FIELD EVENTS

Flights and final time schedule will be based on entry numbers and on-time athlete declarations.

Top 8 field athletes qualify for finals.

IF FIELD SIZES REQUIRE MULTIPLE SECTIONS, THE FOLLOWING MINIMUM STANDARDS **MAY** BE IMPLEMENTED. MEET OFFICIALS **AND** MEET DIRECTOR WILL MAKE THE FINAL DECISION.

9:30am BEar FIT Training Systems Women's Open SHOT PUT

Shot Put	Women Open	(Min. Measurement 7.00m)
Masters/HS SP	Women Masters & Scholastic Final	

Followed by 35 lb. Weight Men Open (Min. Measurement 11.00m)

Followed by 20 lb. Weight Women Open (Min. Measurement 11.00m)
Masters/HS Weight Women Masters & Scholastic Final

Followed by BEar FIT Training Systems Men's Open SHOT PUT

Shot Put	Men Open	Final	(Min. Measurement 11.00m)
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Followed by Masters/HS Shot Put Men Masters & Scholastic Final (to follow Open Shot)

Followed by Masters/HS Weight Men Masters & Scholastic Final (to follow Masters Shot)

9:30am Long Jump Men Final (Min. Measurement 5.00m)

Followed by Long Jump Women Final (Min. Measurement 4.00m)

Followed by Triple Jump Men Final (Min. Measurement 11.00m)(Boards: 10.5m, 13m)

Followed by Triple Jump Women Final (Min. Measurement 9.50m)(Boards: 9m, 10.5m)

11:00am Pole Vault Women Final (Opening height 2.45m) (15cm increments)

Followed by Pole Vault Men Final (Opening height 3.20m) (15cm increments)

1:30pm High Jump Women Final (Opening height ~1.30m) (5cm increments)

Followed by High Jump Men Final (Opening height ~1.70m) (5cm increments)