

2019 Greater Boston Track Club INVITATIONAL

TENTATIVE Schedule of RUNNING Events

(SB = scholastic boys, SG = scholastic girls, W=women, M=men)

ON THE OVAL

updated: 01-09-19

9:30am	1 Mile Race Walk	W + M	Final (10 minute limit)
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ON THE STRAIGHTAWAY (top 8 open trial times move on to one-section final)

Each Contested Event after the Other

9:40am	60m High Hurdle	W, SB, M	Trials (scholastic final)
	60m	W then M	Trials
	DirectAthletics.com Masters 60m	<u>Men Only</u>	Masters Final Only

ON THE OVAL

11:05am	400m	W	Open
	400m	M	Open
	DirectAthletics.com Masters 400m	<u>Men Only</u>	Masters
11:30am	600m	W	Open (2-turn stagger)
	600m	M	Open (2-turn stagger)
11:50am	300m	W	Open (in lanes)
	300m	M	Open (in lanes)

ON THE STRAIGHTAWAY (top 8 trial times move on to one-section finals)

12:20pm	60m High Hurdle FINAL	MEN	Final (Top 8 Trial Times)
	60m High Hurdle FINAL	WOMEN	Final (Top 8 Trial Times)
	60m Dash FINAL	WOMEN	Final (Top 8 Trial Times)
	60m Dash FINAL	MEN	Final (Top 8 Trial Times)

ON THE OVAL (SCHEDULE WILL ROLL FORWARD UP TO BUT NO MORE THAN 30 MINUTES)

12:35pm	Scholastic/Prep Mile	SG then SB	Scholastic Sections
1:35pm	Bill Squires Invitational Mile	W	Invitational Section
	Mile	W	Open
1:55pm	Bill Squires Invitational Mile	M	Invitational Section
	Mile	M	Open
	DirectAthletics.com Masters Mile	<u>Men Only</u>	Masters
2:35pm	200m	W	Open
	200m	M	Open
	Masters 200m	<u>Men Only</u>	Masters
3:05pm	1000m	W	Open
	1000m	M	Open
3:30pm	Richardt Performance & Rehab Invite 800m	W	Invitational Section
	800m	W	Open
3:45pm	Richardt Performance & Rehab Invite 800m	M	Invitational Section
	800m	M	Open
	DirectAthletics.com Masters 800m	<u>Men Only</u>	Masters
4:00pm	4 x 440y	W / M	
	4 x 220y	W / M	
4:15pm	Outback Physical Therapy Invitational 3k	W	Invitational Section
	3000m	W	Open (up to 2 sections)
	Outback Physical Therapy Invitational 3k	M	Invitational Section
	3000m	M	Open (up to 3 sections)
To Follow	Outback Physical Therapy 5000m	W	Open (20 minute limit)
	Outback Physical Therapy 5000m	M	Open (20 minute limit)

Greater Boston Track Club INVITATIONAL

TENTATIVE Schedule of FIELD Events

FIELD EVENTS

FIELD EVENTS

Flights and final time schedule will be based on entry numbers and on-time athlete declarations.
Top 8 field athletes qualify for finals.

IF FIELD SIZES REQUIRE MULTIPLE SECTIONS, THE FOLLOWING MINIMUM STANDARDS **MAY** BE IMPLEMENTED. MEET OFFICIALS **AND** MEET DIRECTOR WILL MAKE THE FINAL DECISION.

9:30am	Shot Put	Women Open & Scholastic	Final	(Min. Measurement 9.14m)
Followed by	35 lb. Weight	Men Open	Final	(Min. Measurement 12.80m)
Followed by	20 lb. Weight	Women Open & Scholastic	Final	(Min. Measurement 10.97m)
Followed by	Shot Put	Men Open	Final	(Min. Measurement 10.97m)
Followed by	Masters/HS Shot Put	Men Masters & Scholastic	Final	(to follow Open Shot)
Followed by	Masters/HS Weight	Men Masters & Scholastic	Final	(to follow Masters Shot)
9:30am	Long Jump	Men	Final	(Min. Measurement 5.18m)
Followed by	Long Jump	Women	Final	(Min. Measurement 4.57m)
Followed by	Triple Jump	Men	Final	(Min. Measurement 10.67m)(Boards: 10.5m, 13m)
Followed by	Triple Jump	Women	Final	(Min. Measurement 9.75m)(Boards: 9m, 10.5m)
11:00am	Pole Vault	Women	Final	(Opening height 2.30m) (15cm increments)
Followed by	Pole Vault	Men	Final	(Opening height 3.20m) (15cm increments)
1:30pm	High Jump	Women	Final	(Opening height ~1.30m) (5cm increments)
Followed by	High Jump	Men	Final	(Opening height ~1.70m) (5cm increments)