



July/August 1982

THE WINGFOOT EXPRESS
Newsletter of The Greater Boston Track Club

Newstyle, smut-free Wingfoot . . . Stats, stats, STATS
(pp. 1-4, 13) . . . Board of Directors poop (pp. 8-9) . . .
. Suzi Yummy flap (pp. 13-15) . . . Hot new gossip section
(pp. 11-12) . . . The longest Wingfoot in history (no,
it only seems like it is) . . .

TRACK AND FIELD

Belated stats from bombing Bill Okerman:

Penn Relays (April 25) -- 5K in 14:40, n.p.

Penn State Open (May 14) -- 5K in 14:24, 2nd place

Tom Black Classic (May 22) -- 5K in 14:18, top 20 finish


Let us note that Bill ran the first mile of the Tom Black 5K
in 4:25. Ya started yer speedwork yet, Bill?

The Second Annual GBTC Invitational Track and Field Meet will
take place on February 7, 1983, at the Harvard Indoor Facility.
We don't yet have a sponsor. On the other hand, we don't yet have
any bills. When we get some of the latter, we sho' gonna need a
lotta the former. Who has ideas (and money)?

ROADS

The fabulous Wingfoot Road Race Results Reporting Line (a.k.a.
Rodney Pearson) has a new number: 498-3408. Please call yer
time, place, and other lies into the new number, or else they won't
get into da Wingfoot.

Blazing Barb Sauer copped the Sri Chinmoy 2-miler on June 18,
legging the Esplanade course in 12:30 to come in as first woman.

 Strongwoman Sandy Miller kindly took the trouble to write that
"I did run a 47:53 10K in NYC in the L'eggs deal. Nowhere near
what I've done before -- but not too terrible with no speedwork
or anything."

We now turn you over to romping Rodney Pearson's very own compilation
of roadie results (some o' which shoul'da gone in the T&F section,
above, had we been reading ahead, like we should have):

Marathon scene (post Boston)

| | | | |
|---------------|-------------|---------|---|
| Gary Wallace | 1st place | 2:25:38 | Maine Coast Marathon, Kennebunkport (he even got to talk to the Governor since he won the Governor's Cup) |
| Paul Caruccio | 2nd place | 2:26:29 | New Bedford Marathon |
| Tom Gilligan | 82nd place | 2:47:58 | Stockholm |
| Don Lamb | 775th place | 3:15:15 | Stockholm |

'Nother stat that shoulda gone under T&F but didn't cuz Krise is blind is effervescent Elydia Siegel's 47.5 in the 300y run at the TAC Masters and Submasters National Championship Meet held at MIT on March 28 last.

On the ultra-distance scene, racy Rick Hogan ran the entire Lake Waramaug thingie, not wimping out at the 50M mark, as do some (ahem). Rick ran 9:17:56 for the 100K, taking 9th place. One month later, on June 5, he ran the Old Dominion 100 Mile Endurance Run in Front Royal, Virginee, in 22:49, resulting in a 4-way tie for 15th place. Thought only milers crossed the line that thick and fast.

Eager Earl McGillivray hoofed 10 kilometers in 31:25 to win the 16th May 10K (love those rhyming race names) held in Topsfield on guess what date.

Strutting Steve Vaitones, racewalker extraordinaire, placed 13th at the TAC National 50K Champs in Washington, D.C., on May 15, in an unspecified time (actually, it looks like it's been erased by a second-thinking correspondent). Steve notes that whatever time he walked "is well off his PR, but 85-degree temperatures aren't the best conditions in which to walk 31 miles." We'll drink to that.

Mr. Vaitones also informs us that there will be a 10K racewalk at the O'Maley School in glorious Gloucester, Massachusetts, at 9 AM on the night of September 6, 1982 -- Labor Day, indeed! On Veterans' Day, November 11, at the same ungodly hour, MIT will host a 1-hour and a 2-hour racewalking contest. For more dope, reach Steve Vaitones at 15 Chestnut Street, Waltham, MA 02154; (617) 893-6213.

Jubilant Julie Koeniger, Dartmouth alumna and GBTC neophyte, won the Hampden 3-miler in 19:07. (Funny, she doesn't look that old.)

Jumping James Hebert mailed the Wingfoot both a passle of recent race results of his and "a couple of key chains for whoever wants them. They are from the Worcester Bill Rodgers Running Center, where I work." Needless to say, the Communications Director didn't get no key chains when he opened up this letter cuz somebody else clearly wanted 'em. The stats are more important though (he said, lying), and impressive they are. James ran the Boston Marathon in 2:37:59, taking 4:00 off his former p.r., and rendering him the fourth fastest GBTCer (of whom we are aware) at Boston this year. Considering the heat, slicing 240 seconds off de old p.r.'s pretty darn good. On May 23 in shrewish Shrewsbury, James claimed 1st place on a certified YAY!!) 10K course, running a p.r. 32:10. He continued his winning ways with a 32:48 10K effort for yet another thrill of victory on "a very difficult course in Worcester." We hope James has lost his shyness about sending stats into the Wingfoot, and, if he has any keychains or Gor-Tex suits left . . .

Fresh Pond results, courtesy of lawman Larry Newman, who notes that the July 15 running of the 2.5 (at least) mile weekly classic was "hot and humid":

- | | |
|-----------------|--------------|
| 3. Tom Gilligan | 12:30 |
| 4. Barbara Wade | 14:59 (p.r.) |
| Sharon O'Hagan | 15:41 (p.r.) |
| Barbara Sauer | 16:13 |
| Dotty Fine | 16:29 |
| Cynthia Dauphin | 16:32 |
| Sandy Miller | 18:30 |

Wandering Will Stewart nicely took the time to write that "Myself and John Darsinos ran in the Nike Maine Coast Marathon on May 29th that Gary Wallace won. . . . I came in 95th in 2:53:43 after running ONLY 83 miles during May: Not bad for 20 miles a week, huh? There were a thousand in the field." Will clearly has mastered the art of understatement. It's bloody terrific, guy!

Speaking of bloody terrific, let's not overlook the GBTC-hostessed TAC 25K National Senior Women's Road Champs this past June 13. Nancy Conz claimed this first-ever TAC Championship for women at this distance, legging the triple-loop course in 1:26:34, smashing her old course record by nearly 4 minutes and placing her in 4th on the world a.t. list for the distance. Many GBTCers forewent the pleasure of racing in the event for the other pleasure of helping out in putting 'er on. The results for those who ran the race were:

| | |
|--------------------|---------|
| 9. Patricia Meade | 1:41:36 |
| 22. Pam Duckworth | 1:48:30 |
| 26. Dotty Fine | 1:49:49 |
| 35. Barbara Sauer | 1:53:58 |
| 43. Norma Deprospe | 1:56:45 |

Legendary Larry Newman wrote and edited a superlative, 16-page newspaper supplement fulla info about the race to fan spectator interest and show our beloved sponsors they were getting their moola's worth. Speaking of which, perky Pam Duckworth writes that "The awards committee for the Women's 25-km Road Race in Sudbury wishes to thank the following merchants who donated prizes to the race, and to encourage Club members to show their appreciation for the donations by supporting the donors:

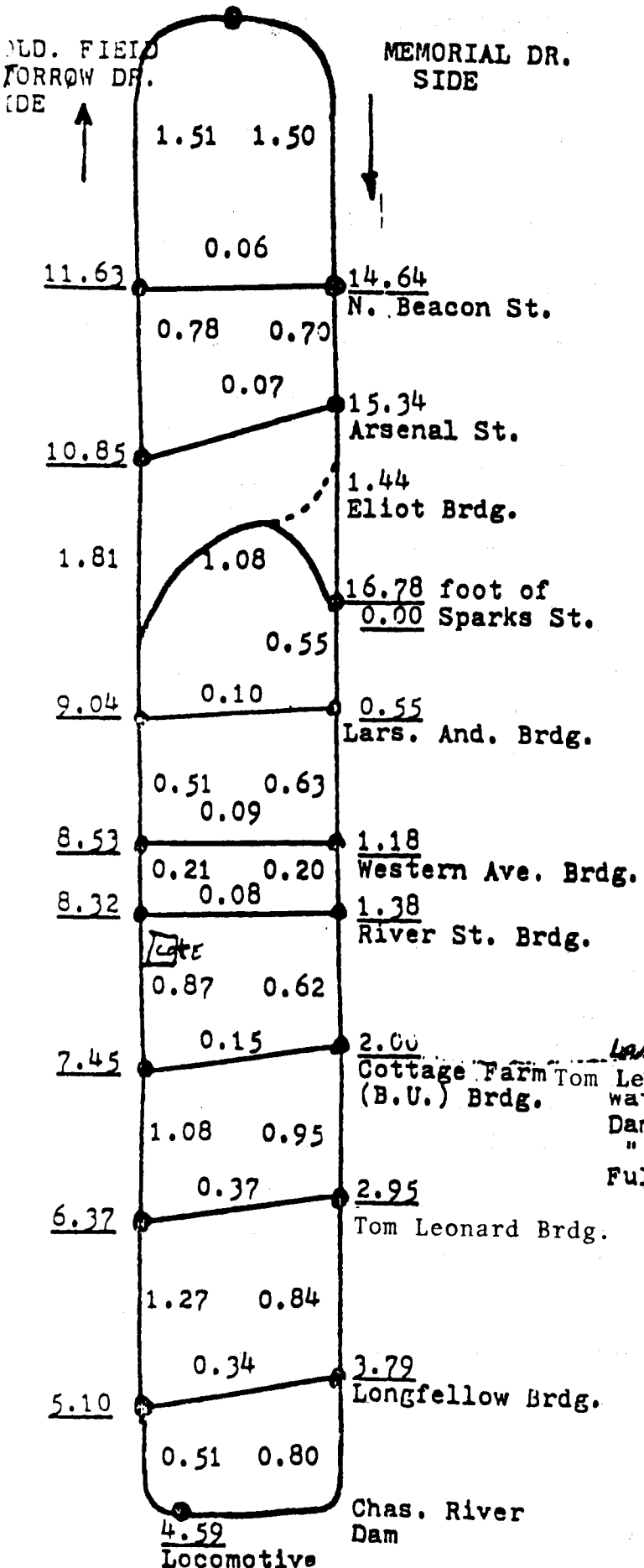
ATHLETE'S FOOT (78 Summer Street, Boston)
 BILL RODGERS & COMPANY
 BILL RODGERS RUNNING CENTERS
 BOSTON RACQUET CLUB
 EXCHANGE RESTAURANT
 FLEETFOOT (across from the Prudential Center)
 HERSPORTS
 MASS BAY RESTAURANT (Sheraton Boston Hotel)
 NIKE
 PEPSI
 THE SKI MARKET"

SPECIAL LIFESAVING SECTION

The next two pages (or one sheet, depending on how ya view things) constitute a special tear-out feature of the fabulous Wingfoot Express, published in the interest of our members not dropping dead from exhaustion, lack of fluid, and/or excessive headwind. Those who run along the Charles River bicycle/running paths must have noticed the flourescent orange mileage markers sprayed on the tarmac a couple months ago. Alas and alack, the mileage markers are about as truthful as an old Nixon speech -- they are profoundly optimistic. If you've been guaging yer mileage on the basis thereof, yer undertraining, bubbie. The accompanying map of the River paths is stone-cold accurate. Second, those who have tried running in the deads of either summer or winter here in Massachusetts know that wind and humidity toughen us if they first don't kill us. (Yeah, I saw "Conan the Barbarian." Whydja ask?) The two charts on the other side of the River map will help you plan your training and dressing at all times of year.

CHARLES RIVER RUNNING ROUTES

13.14 Watertown Sq.



| <u>LOOP INCLUDING</u> | <u>DISTANCE</u> |
|------------------------------|-----------------|
| Lars. And. & Eliot Brdgs. | 1.73 mi. |
| Leonard & Eliot Brdgs. | 7.07 mi. |
| wat. Sq. & Lars. And. Brdgs. | 8.39 mi. |
| Dam & Eliot Brdg | 10.12 mi. |
| " & Arsenal St. Brdg. | 12.36 |
| Full river loop | 16.78 |

Other Running Routes

| | |
|------------------------|----------|
| 1 lap of Boston Common | 1.15 mi. |
| 1 lap of Public Garden | 0.89 mi. |
| 1 lap of Fresh Pond | 2.5 mi. |

THE EFFECT OF WEATHER CONDITIONS ON APPARENT AMBIENT TEMPERATURE

Relative Humidity

| Air Temp. | 0% | 10% | 20% | 30% | 40% | 50% | 60% | 70% | 80% | 90% | 100% |
|-----------|----------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| | Apparent Temperature | | | | | | | | | | |
| 70 | 64 | 65 | 66 | 67 | 68 | 69 | 70 | 70 | 71 | 71 | 72 |
| 75 | 69 | 70 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80 |
| 80 | 73 | 75 | 77 | 78 | 79 | 81 | 82 | 85 | 86 | 88 | 91 |
| 85 | 78 | 80 | 82 | 84 | 86 | 88 | 90 | 93 | 97 | 102 | 108 |
| 90 | 83 | 85 | 87 | 90 | 93 | 96 | 100 | 106 | 113 | 122 | |
| 95 | 87 | 90 | 93 | 96 | 101 | 107 | 114 | 124 | 136 | | |
| 100 | 91 | 95 | 99 | 104 | 110 | 120 | 132 | 144 | | | |
| 105 | 95 | 100 | 105 | 113 | 123 | 135 | 149 | | | | |
| 110 | 99 | 105 | 112 | 123 | 137 | 150 | | | | | |
| 115 | 103 | 111 | 120 | 135 | 151 | | | | | | |
| 120 | 107 | 116 | 130 | 148 | | | | | | | |

Wind Speed

| Air Temp. | 10 MPH | 20 MPH | 30 MPH | 40 MPH |
|-----------|----------------------|--------|--------|--------|
| | Apparent Temperature | | | |
| +50 | 40 | 32 | 28 | 26 |
| +30 | 18 | 4 | -2 | -6 |
| +20 | 4 | -10 | -18 | -21 |
| +10 | -9 | -25 | -33 | -37 |
| 0 | -21 | -30 | -48 | -53 |
| -10 | -33 | -53 | -63 | -69 |
| -20 | -46 | -67 | -79 | -85 |

NOTE: All temperatures are given in degrees Farenheit.

CLUB NEWS

Important Correction From Last Issue: The article on the April Board of Directors' meeting was inaccurate when it stated that Tom Gilligan measured Elydia Siegel's GBTC singlet while Elydia was actually wearing the tank-top. Nobody was modeling the singlet when Tom measured it. The article in question was written by a Wingfoot correspondent (a woman, in fact) who requested that the piece appear without being credited to her. Communications Director Ray Krise edited the story in what he considered to be the interests of clarity while maintaining the clearly humorous tone of the anonymous writer. Krise has since caught a lot of crap for being a sexist so-and-so. A new Wingfoot policy has developed from all this: WE WILL NO LONGER EVEN CONSIDER PRINTING ANONYMOUS ARTICLES.

Now a related item: After much debate, and the odd threat of a libel suit, the Club's women's competition singlets are now in stock and ready for hot times on road, track, and/or over cross-country fields. Buy lots.

Stirring Susan Stumpf has just completed an intensive 10-week course in hanging wallpaper (and training in the hills around Rutland, Vermont). If any of our members needs an expert wall-papering job, call Susan at 846-4843.

- ES

Plans for the 1982 Saucony/GBTC Freedom Trail continue apace. An organizational meeting took place on July 21 at Boston College, much to the consternation of most who had been invited to it, for they had been told it was at the Eliot Lounge! Race Director Tom Griik and Race Coordinator Dennis Westphal announce that we're farther along than ever before at this time of year in terms of making the necessary logistical arrangements for this mega-event. By the by, in their new book, The Guide to Road Racing in New England, Amby Burfoot and Gerry Beagan award the F.T. a coveted Gold Medal rating, noting that "Mile splits, plentiful water stops, good traffic control and accurate timing and results are a certainty. The lure of Boston has always been strong for runners, but this event is particularly attractive. . . ." Thankyew, Amby and Gerry, but ya still don't get to run the race for free, guys.

An addendum to the item on the women's new mesh singlets: they come in extra-small as well as in the more orthodox sizes

Bounding Brendan Reilly would like to announce that he has a three-bedroom house for rent in darling Dennis, Massachusetts. The homestead can be had from August 22 - 28, and from August 29 - September 4. It rents for \$300 a week and is situated a mere 2 miles from three different beaches. If yer interested (and who wouldn't be?) contact Brendan either at Marathon Tours (617/492-3088) or at the Tuesday night track workout at MIT.

The next two items in the newsletter represent something new: completely unedited pieces written by folks other than Ray Krise. Krise himself has some reservations about the contents of both pieces (which is why he appended a note after one of them), but we're experimenting to see how this approach works out. Please send your comments to the Wingfoot, and your hit-men to the right authors.

From the Board of Directors --

It has been requested that the official minutes from the monthly meetings of the GBTC Board be published in the newsletter. Although that at first glance sounds like an interesting idea, there are several problems. First and foremost is the fact that the assistant clerk of the Board is not amazingly efficient in producing an intelligible report of the content of Board discussions with his own personal shorthanded way of recording the minutes. [Already we've narrowed the list of possible culprits down to five people.] The minutes themselves make pretty boring reading. In the past, we have tried to pass the most important items discussed in the meetings to the newsletter staff through conversation; they then did their own thing and wrote those items up in their own professional (?) journalistic way. However, since some people feel that that system has not worked too well, here's another one. Each month, I (the assistant clerk, who is still unidentified) will highlight the key parts of the Board meetings for the few of you who really read these things.

For a little background information, let's remind everyone of who is on the Board: Don Facey (President), Tom Gilligan (Vice-President), Don Callahan (Treasurer), Pam Duckworth (Clerk), Larry Newman, Rodney Pearson, and Elydia Siegel. I think we're really narrowing down that list of possible candidates for the assistant clerk position. Ok, the May meeting was held on May 10 at Don Callahan's house. Although everyone was looking forward to another batch of his wife's famous cream cheese brownies, she apparently resented the fact that Don Facey had prohibited her from speaking at the January meeting, citing some obscure rule that guests, while most welcome to listen, are not allowed to say anything at Board meetings. It seemed to me that she might as well talk since the rest of us had our mouths full (actually, that might be mouth, not mouths -- we had only one full one each). Anyway, while the food was again yummy, it wasn't cream cheese brownies, and if Don Callahan wants my vote again next year, he'll produce next time around.

Now for a brief summary of the business covered. Don Callahan, serving as Treasurer for the 1982 Freedom Trail Road Race (a role separate from that of GBTC Treasurer), reported that several contributing sponsors had been located for the race; these sponsors will be minor, background sponsors donating funds on a somewhat lower level than Saucony, the major sponsor. While the race appears to be in superb shape, there have been too few volunteers for the major roles to be filled in organizing the race. Come on guys and girls, men and women, call up and ask what you can do. The GBTC Treasurer's report was a bit less rosey than the race's, as our accounts payable (amounts we owe to other people) were somewhat larger than our cash and near-cash equivalents (stock, bonds, and other easily converted assets, of which we have none). In other words, at that time we were in the financial hole. This quickly turned the discussion to the ongoing discussions of possible financial support from Saucony (detailed later in this report).

Debate over the size of the Track & Field travel budget followed, with a proposal of \$500 by Pam Duckworth (seconded by Elydia) passed by a 5-1 vote. Larry Newman voting No. [Oh, Tom Gilligan was in London at the time... at least I think it was London.] Other short discussions included the possibility of selling advertisements in the newsletter, of renting some of the equipment owned by the club to road races (barrels, etc.). [Because of the historical difficulty in getting materials back, this probably will not be pursued.] Larry is currently writing a brochure to send to prospective members, sponsors, etc. This brochure outlines the history of the club and many of the benefits members receive. Perhaps you can read it some day and see what you're supposed to be getting. Finally, at 11:46 (the meeting started at 7:35) we went home.

Now for the June meeting, held on June 10 at Pam's house. Called to order at 7:45 (late because Pam's doorbell wasn't working and everyone stood on her front porch for fifteen minutes before she deduced that anything was wrong), we had the pleasure of the presence of all seven Board members. And a fine meeting it was, with exciting heated discussions between the two factions that have clearly been formed. The first good news came from Treasurer Callahan, who reported that we were nearer the top of the hole than we had been the month before. And we also received the promise that the Freedom Trail Race will generate substantial monies this year, a feat it has not managed in the past few. Saucony has already begun payments on their sponsorship, and in at least one person's opinion may be the best and most cooperative sponsor we've had yet. Basically, they are paying all expenses of the race, expenses for which we have submitted a budget and they have approved. We then keep the entry fees, so tell everybody you know to enter and pay.

Interesting motions which passed were the idea to "advertise" the club in the special section for clubs in the Globe's Sports Plus (motion by Gilligan, second by Siegel) by a 6-1 vote (Facey No) and to increase the membership fee to \$20 (motion again by Gilligan, who likes motioning, and second by Siegel, who likes seconding) by a 5-1-1 vote (Newman No, Facey Abstain).

Men's Road Race Chairman Gilligan reported that GBTC teams will run at the Boilermaker 15Km in Utica (July 11), Falmouth, and probably the Scarborough Marathon, September 27 (details in last issue). Although the teams will not include the horses they once did, we will be well represented as far as sending five or six "good" runners -- e.g., going to Utica will be John Darsinos, Brad Hurst, Rodney Pearson, Brendan Reilly, Gary Wallace, and Don Welsh.

The next item came from Coach Chris Lane, who has been deluged with requests for personalized training programs from members who don't seem to care to come down to the track to practice with their respective team. Get serious, folks, that's not what Chris is here for. We have track workouts for everyone. You don't have to be a 29-minute 10K runner to run these workouts (good thing, or none of us would make it). Any good runner will tell you that if you want to improve, get down there and work. Work to stay up with a group you can stay up with. We really do have several different groups when people show up, so why don't you give it a try and quit calling Chris at home? And while I'm at it, where are all the Greater Boston jerseys at races these days? I haven't seen one except mine in weeks. Are you ashamed to be a member of the club or something?

Back to the Board meeting. And this is probably a good point to bring up the next item discussed. It seems that some people are not happy with the journalistic style of our newsletter staff. Of course, it's hard to tell how many people are upset, since so few of our members ever express an opinion on anything, but I hear there are several. From now on, we will try to clean up our act. Instead of Ray making remarks that may be interpreted as having sexual references, I'll make remarks that may make you mad at me instead. Next, there was some discussion about whether members could either formally or informally "advertise" their personal enterprises in the newsletter (such as trips offered by Marathon Tours -- let's not pull any punches). Well, what do you think? Did anything like that bother you in your last newsletter? Did you read that part of the newsletter? Does anybody other than Don Callahan care? And, of course, we had a long discussion about Saucony. Facey, Gilligan, and Newman will be talking to them soon about contributing money to cover club expenses of various types. And we went home at a record late time of 12:05. And I'm out of room, so I'm stopping. Bye.

Membership Questionnaire --

The response to the membership questionnaire in the April newsletter was light: to be exact, we had six questionnaires returned! You must all be very happy with the way GBTC serves its members! (Either that, or you're too pooped from running all those miles to lick a stamp.)

Anyway, the six respondents were unanimous in feeling that GBTC should make a greater effort to integrate men's and women's activities, and that we should have more and better parties!

Five respondents felt we should put more effort into fundraising. (Call any board member with some good ideas, please!)

Four respondents felt that we need to improve services to middle-of-the-pack runners; two felt these runners were being adequately served.

Three of you felt the newsletter should come out more often and have more and better news. (There are a few openings on our newsletter staff, how about it?) Three other members considered the newsletter ok as is.

Two people want to increase GBTC membership. One votes the status quo. Two say it's not an important issue.

One person thinks we should improve services and recruit top-level runners; five disagree with her sentiment.

Although it's hard to generalize from such a limited sampling, it does seem the main interest is in mingling and having good times with other runners. Some of you may not be able to run a 4-, 5-, or 6-minute mile for the Club, but you all have something to contribute to making a good party. Let's have your ideas!

- ES

The Communications Director feels compelled to comment that at least one of the respondents checked off both "The newsletter is ok as is" AND "It should come out more often and have more and better news" options. The C.D. is not sure which one of this dude's votes got counted. As an aside, the Wingfoot Express will start coming out just about every month again just as soon as Krise doesn't have to proof-read galleys for another book, negotiate another contract so he can have some \$\$ to live on, and call all over God's little acre begging people who have never before heard of him to endorse a forthcoming tome. In short, we'll go back to being a monthly just as soon as Krise doesn't have to work for a living again.

Heah come de new membahs! Heah come de new membahs! Make way fo' dey dues checks! Robert Fitzpatrick bounces out of Brighton to run the roads and help out at races for GBTC. Masterful masters roadie Paul Fitzgerald has run only one marathon so far in his career, but that was the 1981 Newport jobbie, which he did in 3:10! Able Anthony Jackson brings us p.r.s of 32:59 and 2:36:42, and also offers to

help out where needed while residing in Needham. Clever Keck Shepard (also occasionally known as "Richard") runs the mile and up, and runs 'em pretty quickly (4:20 for the mile, 26 for 5M, 33 for 10K); he offers to help us out by explaining to members how to use sub-atomic particles to increase speed (Krise is not making that up -- 's what it says right here, written in an inebriated hand). Bonnie Newton runs 10K in 40:32, 7M in 45:45, and straight into our collective heart by offering "to volunteer my services in a clerical capacity or other areas as needed." Jovial roadie Jane M. Walters comes from Newton. (When you read somethin' like that, it means the person gave us no info on the membership poop sheet.) Lois G. Schiappa will race on the roads in an effort to crack her 45:00 10K record. Walthamite Steven Harth runs 10Ks on the road and offers to do "Misc." stuff for da Club. Fellow Walthamite William Aliseo also runs 10K road races, but ups Steve's ante by offering to do "Anything" for GBTC. Anything?? Lark April McGuire, she of the name evocative of spring, ran 3 marathons in 3 consecutive months during 1981. Edwin J. Lucie, Jr. trains "85-100M/week consistently with Joe McCusker" and offers to help out with entertainment for Club social functions! (The guy's an alum of the Berklee College of Music, Elydia -- grab him!) Nice Nancy J. Sawdon has p.b.s of 40:19 and 3:33, and triumphed in the 1981 Irish-American race. Social worker Jerry Forrest will no longer run the Boston Marathon as a bandit now that he's a member of GBTC because we frown on such things, Jerry. Roadie Katherine Norwood comes from Cambridge. Joseph J. Morsman III labors under the misimpression that he ran 7.2 miles in the 1981 Falmouth Road Race. The course is 7.1M, Joe; readjust yer racing pace estimate accordingly. Boston roadie Betty Chazankin hopes to organize an exercise class for GBTC members (fat chance, Betty; our members apparently refuse to organize). Roadie Frank Christopher comes from Saugus and prints clearly. Suzanne Stone's goal "is to increase my speed & mileage & complete a marathon in 2 years." C'mon, Suz! You could probably complete one right now in less than 6 hours; what's this 2 years jazz? Gary Stone (or Store) says he gets "stronger as the distance gets longer!" and with p.r.s of 35:12 and 2:46:41, he's clearly correct. Happy Hugh S. Harper runs 40:20 and 3:27:28, and is "Happy to assist in . . . donating certain services available at the best hotel in New England": he manages the Beantown Sheraton Hotel! Emerson College student Kimberly Hecht has been running for only 4 months" but has the courage to join the hard-boiled roadies of GBTC anyway. Welcome, one and all, and remember: the first mile is always the worst.

GOSSIP

We're gonna give this new section a try. We've been threatening to do it for years, and now that the porn is out of the Wingfoot, we have to find a new way to be offensive, so it seems as good a time as any to inaugurate it. Rhapsodic Ray Krise, as a result of his profession, is part of an international chain of dirt-exchangers, and, so, gets lots of good dope, uh, so to speak. We've been including the really juicy stuff in the LETTERS section, where much of it is rendered deliberately obscure so only the cogniscenti who deserve to get such news can decipher it. ("Hah! That's what Suzi Yummy must've been all about!" Score one for you, bubbie.) That policy remains in force. The only stuff you'll read here is the

relatively harmless poop, like . . . Running media mavens wonder how much longer The Runner magazine will continue to come out, given that its circulation hasn't grown in over a year and that parent company Ziff-Davis's formerly reliable flagship, Psychology Today, is about to go belly-up . . . The Chicago Marathon could well turn out to be the best marathon of the year. If you didn't get into New York, consider racing 26.2M a month earlier and a thousand miles farther westward . . . Pundits believe it's only a matter of time until Joan Benoit gains her rightful recognition as America's preeminent women road runner, and a lotta that's due (1) to Joanie's background as a trackie and (2) her ability to come back sensibly from an injury (in stark contrast to all too many other women roadies in the U.S.: whatever happened to Kim Merrit?). . . . The great Billy Mills, the man who actually did what the popular running press pretends Frank Shorter did (that is, became THE FIRST American to win an unsullied long-distance gold medal in the Olympics) tells a story that indicates how much "expert running writers" really know. A best-selling author, who shall remain nameless but he wasn't Jim Fixx, stopped Mills in an airport to ask when Billy intended to run his first marathon. "I've already run two," the modest Mills replied. "Really? Which ones?" asked the so-called expert. "Oh, the 1964 Olympic Trials marathon, and the 1964 Tokyo Olympics marathon," Mr. Mills answered. Mr. Expert forgot that Billy was 14th overall, and second American, in the 1964 Games' marathon -- the same Olympics in which he beat Ron Clarke and Mohammed Gammoudi for first place in the 10K. . . . Some wonder how new AW coach Bob Sevene (formerly East Coast AW coach) will fit in with the laconic lifestyle prevailing in Eugene, Oregon, his new home base. . . . You'll soon learn that the Runner's World Corporate Cup is now called the RW Chariots Cup, in honor of guess which movie? The name-change was announced at the latest version of Bob Anderson's blatantly brown-nosing series. How was it announced? As hordes of spectators crouched in the California stadium, the strains of the theme from C of F blared over loudspeakers and 24 barefoot guys dressed in baggy white gymshorts came flouncing/running onto the field! See, it's supposed to remind you of the start of the movie. Observers collapsed in laughter right on the spot. When is RW going to collapse in laughter?

SOCIAL NEWS

It's gonna be Cooked Meat City for GBTC sometime late in August, cuz the Board of Directors has voted \$350 to put on a summer bar-b-q party fer us all. Don't know where, don't know when exactly, but, when we do, we'll get the word out somehow. We wouldn't rib you.

NOTES FROM THE ROAD RUNNING CHAIRMAN

Falmouth. The Club will have about 50+ runners pounding the pavement. Good luck to all !!! Please do two things:

1. Wear they singlet. (On sale at GBTC office.)
2. Call in results for next newsletter.

Track workouts. Every Tuesday starting at 6:15p at MIT. Come one, come all, just come. Get those legs ready for Falmouth for the fast start.

Road Race Management. A monthly newsletter by the same name is available at an annual cost of \$25.00. This publication is chock full of meaty information that is invaluable to any race director, club administrator or person who wants to keep abreast of the behind the scenes business activities of the U.S. running movement.

The newsletter is edited and published by Phil Stewart of Running Times. Subscriptions are available by sending your check to Road Race Management, 14416 Jefferson Davis Highway, Suite 20, Woodbridge, Va. 22191.

- TG

LETTERS

I wish I had run a 43:17 10K -- unfortunately my best was 44:29 (Sept. 1979).
No subpoena this week.

- Diana Dickinson
GBTC

I am writing to you because I am interested in obtaining a Greater Boston Track Club vest. I would be willing to trade one or two Florida T.C. vests for one G.B.T.C. vest size medium or small, and of course I'd be willing to pay postage.

I would be interested in hearing from you concerning this matter. I would be very grateful for all of your help. (Could you make the vest red with white letters?)

- Tim Henry
Florida T.C.
1027 S.W. Seventh Avenue
Gainesville, Florida

(GBTC does not sell singlets to non-members, nor do we any longer have men's white-lettered tops available. We hope one of our members will take Mr. Henry up on his trade offer. The Florida TC is one of the best track clubs in the world, and we should cooperate with them in the spirit of athletic kinship.)

What am I getting for Falmouth this year? Oh, not much. It only works out to a little more than \$4,000 a mile. Maybe.
Also, maybe I'm Cuban.

- Alberto Salazar
Not Talking to Wischnia Anymore

Do you have Suzi Yumyum's phone number, by any chance? I read her letter last issue, and she sounds like what I've been looking for. This could be my big breakthrough.

- Miles (Pant, Pant) Togoyet
GBTC

Most of you probably got our mailing. You know that we're reviving New England Running (but minus the cutesy-poo "1" with a tacky "*" over it in the "Running" part of our name). Now we'd like to offer a special contest to members of the GBTC.

You'll notice in our subscription pitch that we say one of the reasons we've moved our offices to Brattleboro, Vermont, is because Brattleboro is "the home of many national and international class athletes." We'll give a free lifetime (i.e., life of the periodical, not of the subscriber) subscription to the NEW New England Running to the first member of the GBTC who can name at least two world-class and at least three national-class runners living in Brattleboro.

Oh, wait a minute. You mean a 2:13 marathon run with a 40 mph tailwind the whole way no longer counts as world-class? Oh, "It never counted as world-class!"?? Gee, maybe we were wrong. You can bet we'll be more accurate in the stories we print in NER, though. You bet.

- Barbara George
Dan Woodbury
New England Jogging magazine

Members, writers -- The Wingfoot needs contributions from varied sources to broaden its perspective. Submit your writing in finished form and request publication as is. When the entire newsletter is written by one person it looks like the entire newsletter is written by one person.

Ray, regarding your mention (May/June Wingfoot) of the Barleyhoppers "drinking club" hosting the Nike Pikee 10K, the Boston Barleyhoppers ("We run for run and roam for foam") have, for years, most ably hosted the 6 mile water and aid station for the Freedom Trail Road Race. They won GBTC's 1981 award for best water station of 4 on the course. They assist in many local running events, direct well organized races and highly enjoyable, successful social events of their own. Their gentleman leader, Ed Doyle has helped GBTC obtain use of the Hampshire House at a deal on several occasions. The Barleyhoppers are runners, funners, and friends of our sport. They pay entry fees and buy shoes and equipment.

What time of night is 10 AM?

As a lifelong (so far) Cantabridgian, nice try at spelling an obscure one! Feneuil should not be so tough. Woids is my business.

Other than all of the above, yet another good newsletter. When you do a job mostly by yourself you get to take most of the shit along with the ice cream. Why are so many people saying so many mean things about this Marshall guy? One guy at the BAA said that mercenary Marshall does not have a long history of being a sleazy, callous, unconscionable, greedy, crude, fast-buck artist and liar. Could this one B.A.A. guy be wrong and the rest of the world correct? Keep up the (good) work.

- Don Facey
GBTC

(Let's take the points in order. (1) No professional publication prints unedited articles. If a prospective writer submits something to the Wingfoot Express and demands it be taken as is, we may well simply reject the piece when it could have run if it had been edited. Don's own letter, printed untouched as he requested, I think demonstrates the desirability of editing. (2) A club that has named themselves the Barleyhoppers should not be sensitive to being called a drinking club. Their clever name contains both "barley and hops" -- the main ingredients of beer -- and "bar hopping." Drinkers are not necessarily incompetent -- witness W. C. Fields -- and I never said the 'hoppers were. I did say that the Nike Pikee was the

the worst-named race of the century. I hold such truths to be self-evident. (3) When you keep a writer's hours, the AM is a time of night. (4) I cannot spell. Neither could Wm. Shakespeare. (5) Other than the above, thanks.)

I have just finished reading the May/June issue of "The Wingfoot Express," and am writing to express my displeasure over the letter "written" by the so-called Suzi Yumyum.

- Hymen Rickover
U.S. Navy (ret.)

While out doing a hard workout this morning (it's not easy to catch an ambulance, let me tell you), I heard some folks in your club are worried about conflict of interest when some of your Board members vote on certain issues. Let me propose an easy solution to this grave problem: make me your sole and exclusive business agent. There can't be any conflict of interest then, because I'm not interested in running in the least.

- Marshall Medoff
International Marathons, Inc.

Anybody get the number of that truck?

- Will Cloney
"Enjoying" "retirement"

You will be pleased to know that we here at Runner's World have unanimously awarded our first annual Henry Rono Degeneracy in Running Award to Raymond Krise, editor of the Greater Boston Track Club newsletter, for his poor taste in publishing a letter from Suzi Yumyum in the May/June issue of "The Wingfoot Express."

- Bob "John R." Anderson
Runner's World magazine

Thank you again for another well-organized Sudbury 25K. There was plenty of water and sponges (but I missed the ERG!). I enjoyed the oranges and yogurt, and you outdid yourselves with the prizes. The t-shirts were especially attractive this year, and the glasses are such a thoughtful touch. It was worth coming out of hibernation for. So thank you, GBTC. See you next year with a carful of friends.

- Janet O'Donnell
Gloucester, MA

I'd just like to say that Raymond Krise wrote an awful lot of the chapter from Improving Your Running excerpted in the August issue of Runner's World -- you know, the article they left Ray's name off of. You're nobody until you get screwed by Runner's World, so I guess Ray's finally on his way to the Big Time.

- Ray Krise
GBTC

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