

July 1981

THE WINGFOOT EXPRESS  
Newsletter of The Greater Boston Track Club

Beaucoup trackie results . . . No roadie results at all . . .  
Waving goodbye to the GBTC indoor track . . . Tips on how  
to locate the new NEAC office . . . A chance to get some free  
brew . . . And a groundswell movement to replace the Newsletter writer .

TRACK AND FIELD

We have some results from the wonderful world of concentrated pain  
(a.k.a. "trackland") this month:

Boston College Development Meet - 6/4/81

Peter Rice	440	50.0
Jim O'Brien	440	51.9
Bill McDonough	440	52.6
Ed Samuels	100m	11.00
Rich Ovarian	1500	4:05
Bob Smith	1500	4:09
Paul Carrucio	1500	4:14
Frank Jackson	880	2:10
Paul Carrucio	5000	Unknown

NEAC Champs - 6/10-11/81

Peter Rice	440	49.9	* indicates Finals
Jim O'Brien	440	51.3	
Bill McDonough	440	53.0	
Rich Ovarian	Mile	4:30	
Bob Smith	Mile	4:29	
? Stern	Hurdles	14.5	
Hank Puckerin	880	1:55.5	
Frank Jackson	880	2:10.0	
Peter Rice	440*	49.5	- <i>Some where ahead of 6th place</i>
Jim O'Brien	440*	51.8	- 6th place
Jim Shea	Javelin*	196' 10"	- 1st place
Eric Lamm	High Jump*	No Distance	- 2nd place
Tom Stokes	Long Jump*	No Distance	- 3rd place
Tom Stokes	Triple Jump*	No Distance	- 3rd place
Bill McDonough		53.8	
Peter Rice	Mile	48.5	
Tom Fren	Relay	49.3	
Jim O'Brien		50.9	
		<u>3:22.0</u>	

Fitchberg - 7/5/81

Bob Smith	1500	4:13	- 1st place
Rich Ovarian	5000	No Time	- 1st place

We should note the Fitchberg meet was run in a pouring rain which undoubtedly influenced the times negatively.

## ROADS

Just a reminder to all members that we are gonna stuff some dust down a few throats at Falmouth and Newport this year. And a note to all you other clubs whose members' jawbones move faster than their feet: If'n we hear any more slams on GBTC, we'll split in half and then there'll be two track clubs whose gybags you bozos will be unfit to carry.

## CLUB NEWS

The Board of Directors decided at the June 30th meeting to sell the GBTC indoor track to the Falmouth T.C. for \$500. The Board is still debating whether or not to accept the building the MDC's offered to donate to us.

NEAC's offices have moved to Suite 102, 265 Medford Street, Somerville, 02143. Phone #'s now 625-1040.

Employment opportunity available now at G.B.T.C. office. Part-time Secretary needed. Approx. 10-15 hrs. weekly, days. Call Don Facey at 876-0727. Thanks to member Beth Hegarty for efficiently filling in as volunteer secretary in the interim.

We also still need Freedom Trail volunteers to process entry forms and who like to drink beer. Ring Don Facey at 876-0727.

## LETTERS

This letter is overdue. . . . Thanks to the volunteers at the GBTC aid & cheering station at Boston. A real psychological boost, their cheering kept me going: 2:55:34, including a pit stop at 25.4 miles. Ran the first 23 miles with Frank Noto- (2:44 or so).

Cheered GBTC at L'Eggs Mini. One GBTC representative was in the top 75, approximately. Keep up the good work on the newsletter. It is the best newsletter I have seen that was published by any running club or other club I've been associated with.

- Tom Beatini  
GBTC

You mean we weren't supposed to rub the rainsuit letters with butter?  
-The Folks at Gladrag's  
Doghouse, MA

You got any world-class runners left? I'll pay them well to jog, and hang around, with me.

- George Hersheybar  
Metropolis, NY

## DEALS FOR MEMBERS

Remember: Your GBTC card gets you a 10% discount on all running gear at FLEETFOOT across from the Pru and at every Bill Rodgers Running Center.

And Godspeed to Jim O'Brien, Don Facey and Tom Gilligan, who sent stuff in this month, and a nice lawsuit for Ray Krise, who once again couldn't resist wising off.

NOTES FROM THE ROAD RUNNING CHAIRMAN

**FALMOUTH**

Numbers have been arranged for the following club members. You should send a SASE to the club office to have it mailed to you or stop by the office to pick it up.

Steve DiNatale	Barbara Biele	Ruth Barrett
Dave McGillivray	Joe Wadland	Bob Krug
Brendan Reilly	Dave Cochrane	Bob Ward
Rich Puckerin	Hank Morgan	Mike Sylvia
John Darsinos	Bob Read	Ivan Saitow
Paul Carruccio	Roger Little	Tom Turner
Rich Benner	Ken Murphy	Bob Redd
Gary Wallace	Jim Burke	Herman Greenberg
Brad Hurst	John Papirio	Dennis Westphal
Walt Murphy	Andy Jarmis	Dennis Dyer
Rodney Pearson	Joe Bowman	Jack Devine
Doug Sweasy	Ralph Johansen	Frank Sullivan
Bob Barnaby	Allan Graham	Kay McDonald
Robert Birnbaum	Joe Oliva	Will Stewart
Mike Driscoll	Art Reed	Ed Dalton
Joe McCusker	Sharon O'Hagan	

NOTE: Good luck to all of you in Falmouth on Aug. 16! You are asked to wear the GBTC singlet in the race. Plenty are available for sale by contacting the office.

NOTE #2: Your volunteer help is needed for the Freedom Trail Race on Oct. 04. Stay posted for where and when from the race directors. Your absence will be noticed!

NEWPORT MARATHON: The field is limited to 2,500 runners and already 4,000 requests for applications have been received as of July 01. You must send a SASE to: Ray Nelson, 80 Lincoln St., North Kingston, R.I., 02852. The club cannot help you get a number. ACT NOW!

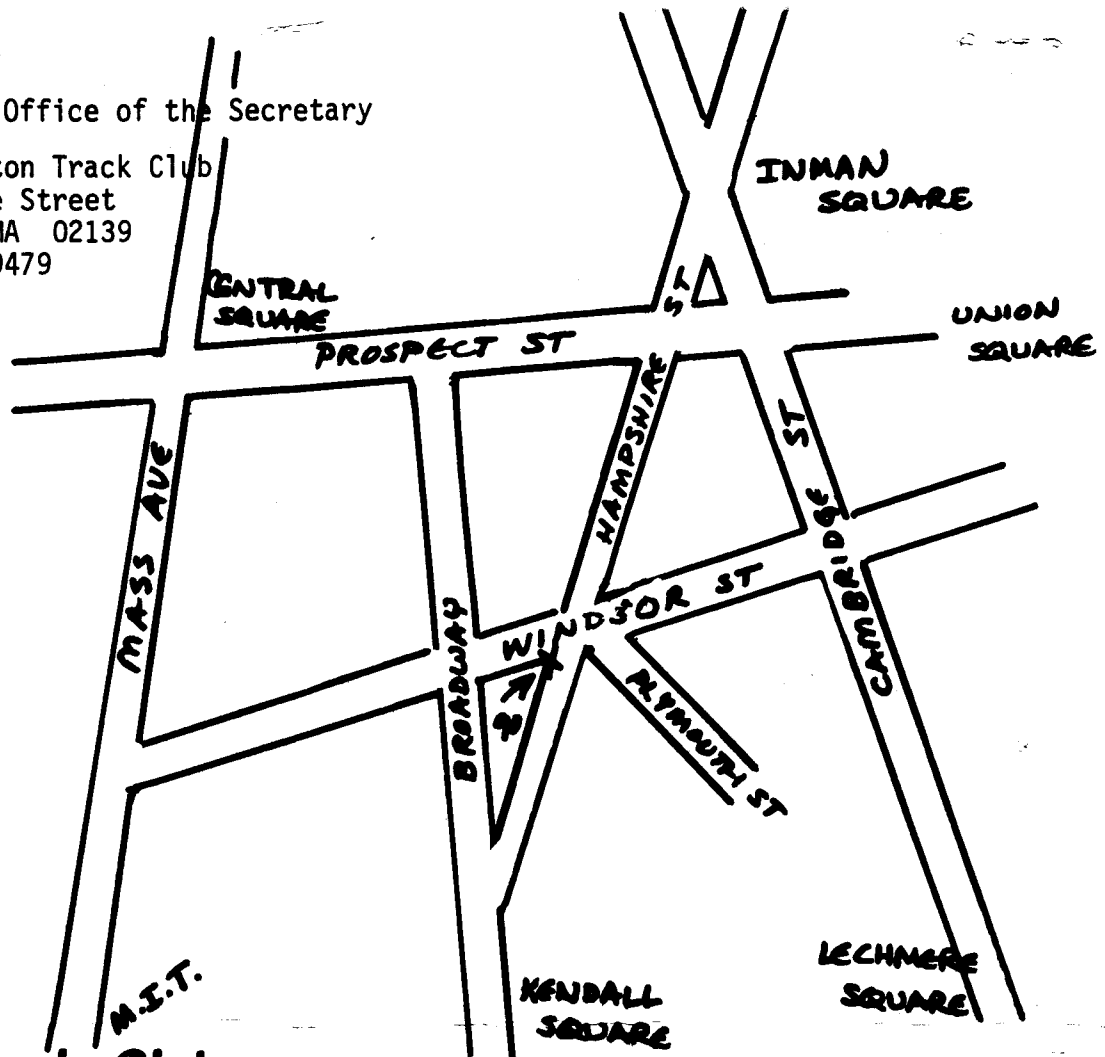
NATIONAL 15K CHAMPIONSHIPS: We will defend our championship on Aug. 09 in Glen Falls, New York. We are looking to send about eight runners. Selection is based on recent performances and current conditioning. If you are in shape and interested in competing, let Chris Lane or Tom Gilligan know about you.

TRACK WORKOUTS: More and more members are showing up each week. We need more people who run about 36:00 or 37:00 10Ks to form a consistent weekly group to work out together. Just come over to the B.C. track on Tuesday evening at 5:30 and ask for Chris Lane who will be happy to help you. Don't be shy.

WOMEN'S WORKOUTS: Contact Elydia Siegel. The women are working out on Wednesday nights on the road or track.

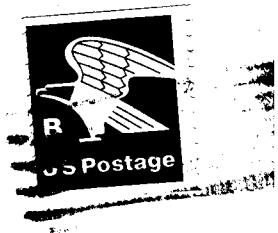
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