

Topsfield Cross Country Festival

GREATER BOSTON

Track Club



- Sunday, October 4th 2009
- In Bradley Palmer State Park, Topsfield, MA
- USATF New England XC Grand Prix Event
- Cash Team Prizes and Individual Prizes

Races:

8K Men's – 10:30 a.m.

5K Women's – 10:00 a.m.

Prizes:

Cash prize **5 deep** for teams, **\$450/\$300/\$150/\$100/\$75**
for open men's 8K and women's 5k, only.

Individual prizes: home baked pies,  socks

Entry Fee:

Before 10/3: Pre-entry, \$15 per runner, max \$80 per team
(separate men & women teams)

Post-entry discouraged, \$18 per runner, field size limited

Note on Teams: Teams must be official USATF clubs and all team members must have been on record as having represented the club previously, or obtain special permission of the race director. (i.e. No pick-up teams)

Directions:

Bradley Palmer State Park is located in North-eastern Massachusetts. NOTE: The Topsfield Fair will be in full swing and is located on Rt. 1, please avoid if possible.

From the South: take Rt 128 to exit 20A to Rt 1A North, in Beverly, or Dodge Street, that changes to Enon St in Hamilton, then changes to Main St in Wenham, take a left (north) on Arbor Street, then bear right on Highland Street past the Pingree School to the Hamilton gate on the left, a total from Rt 128 of 5.1 miles. At the gate drive no faster than you can run for a quarter mile to the right turn for another quarter mile to parking.

From the North: See <http://www.mass.gov/dcr/parks/northeast/brad.htm> for more details.

Register by 10/3/09:

On line at www.gbtc.org/events/topsfield

By mail to:

Tom Derderian
30 Hale Ave
Winthrop, MA 02152

USATF club: _____

Team Captain email: _____ phone: _____

Runner	USATF #

For on-line entry: this form to be completed and emailed to tderderi@ix.netcom.com and payment made via <http://www.gbtc.org/store>