

2013 Tentative Schedule of Events

(SB = scholastic boys, SW = scholastic girls)

(Please be aware that the meet could run ahead no more than 30minutes after 1:00pm.)

ON THE OVAL

9:30am	3000m walk [Includes simultaneous Scholastic RW Mile]	COED	Final (20 minute limit)
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ON THE STRAIGHTAWAY (top 8 trial times move on to one-section final)

Each Contested Event after the Other

9:55am	60HH 60m Masters 60m	W / M / SB W then M W then M	Trials (with a Scholastic Final Only) Trials Masters Final Only
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ON THE OVAL

10:25am	3000m	Women's	Open (up to 2 sections)
11:00am	Active Recovery Boston 3k	Women's	Invitational 3000m Section
11:20am	Level Renner 3k	Men's	Invitational 3000m Section
11:30am	3000m	Men's	Open (up to 3 sections)
12:00pm	Core Power 400m 400m	Women's Women's	Invitational 400m Section Open (first section blocks only)
12:20pm	Core Power 400m 400m	Men's Men's	Invitational 400m Section Open (first section blocks only)
12:40pm	Masters 400m	W / M	Mixed Masters Final
12:45pm	Energy Bits 600m	W / M / SB	Invitational 600m Sections

ON THE STRAIGHTAWAY (top 8 trial times move on to one-section finals)

12:55pm	60m High Hurdle FINAL	MEN'S	Final (One Section, Top 8 Trial Times)
	60m High Hurdle FINAL	WOMEN'S	Final (One Section, Top 8 Trial Times)
	60m Dash FINAL	WOMEN'S	Final (One Section, Top 8 Trial Times)
	60m Dash FINAL	MEN'S	Final (One Section, Top 8 Trial Times)

ON THE OVAL

1:00pm	Bill Squires Mile Mile	Women's Women's	Invitational Mile Section Open
1:30pm	Bill Squires Mile Mile Masters Men's Mile	Men's Men's Men Only	Invitational Mile Section Open Masters (1 section)
2:10pm	GBTC Invitational Scholastic Mile	SB / SG	Invitational Mile Sections
2:20pm	GBTC Invitational 300m	W / M / S	Invitational 300m Sections
2:30pm	GBTC Invitational 200m 200m	Women's Women's	Invitational 200m Section Open (first section blocks only)
2:45pm	GBTC Invitational 200m 200m Masters 200m	Men's Men's W / M	Invitational 200m Section Open (first section blocks only) Mixed Masters Final
3:10pm	Janji Invitational 1000m	M + SB	Invitational 1000m Sections
3:20pm	DirectAthletics.com 800m 800m	Women's Women's	Invitational 800m Section Open
3:40pm	DirectAthletics.com 800m 800m Masters Men's 800m	Men's Men's Men Only	Invitational 800m Section Open Masters (1 section)
To Follow	4 x 440y 4 x 220y	W / M W / M	

2013 Tentative Schedule of FIELD Events

FIELD EVENTS (Flights and time schedule is based on entry numbers.) (Top 6 field athletes qualify for finals.)

9:30am	Shot Put	W	Final	(Min. Measurement 9.75m)
Followed by	35 lb. Weight	Men	Final	(Min. Measurement 13.10m)
Followed by	20 lb. Weight	W	Final	(Min. Measurement 10.97m)
Followed by	Shot Put	Men	Final	(Min. Measurement 10.97m)
Followed by	Masters Shot Put	COED	Final	(to follow Open Shot)
Followed by	Masters Weight	COED	Final	(to follow Masters Shot)
9:30am	Long Jump	Men	Final	(Min. Measurement 5.48m)
Followed by	Long Jump	W	Final	(Min. Measurement 4.58m)
Followed by	Triple Jump	Men	Final	(Min. Measurement 11.58m)
Followed by	Triple Jump	W	Final	(Min. Measurement 9.75m)
11:00am	Pole Vault	W	Final	(Opening height 2.61m) (15cm increments)
Followed by	Pole Vault	Men	Final	(Opening height 3.36m) (15cm increments)
1:00pm	High Jump	W	Final	(Opening height 1.52m) (5cm increments)
Followed by	High Jump	Men	Final	(Opening height 1.82m) (5cm increments)



THE GBTC INVITATIONAL

Sunday January 20, 2013

A New England Tradition Since 1980

Greater Boston Track Club Vitals

President: John Raguin
Vice President: Matt Haringa
Treasurer: Indu Conley
Clerk: Brennan Bonner
Coaches: David Callum &
Tom Derderian & Rod Hemingway
www.gbtc.org



Competition Staff

Meet Director: David Callum
Games Committee: *Steve Vaitones, David Callum, TBD*
Coordinator of Volunteers: *Caleb Evanter*
FinishLynx/Timing: *Dave Wilbur*
Athletic Trainer: *Sydney Harrington*
Harvard Facilities Assist. AD: *Duane Reeves*
Officials by: *MA Track & Field Officials Assoc.*



Meet Records

60	Kwesi Sarabo, 6.68, (unatt)	2004	Nolle Graham, 7.37, (LeMans TC)	2004
200	Rod Tolbert, 21.15, (Nike)	1995	Flirtisha Harris, 23.6, (Seton Hall)	1994
400	Kevin Lyles, 46.7, (Seton Hall)	1994	Jearl Miles, 52.4, (Reebok Int'l)	1997
800	James Njorge, 1:47.86, (NewBal)	1999	Jen Toomey, 2:00.34, (Nike)	2004
Mile	Sydney Maree, 3:56.77, (Puma)	1990	Jen Toomey, 4:32.28, (Nike)	2006
3000	David McCarthy, 7:56.76, (Providence)	2012	Vicki Huber, 8:48.07, (Nike)	1990
60HH	Jeff York, 7.73, (NYElite)	2001	Natasha Ruddock, 8.24, (Essex CC)	2008
4x220	Musketeers TC, 1:31.88	2010	Essex County CC, 1:38.94	1996
4x440	Essex County CC, 3:12.15	1999	Seton Hall, 3:42.24	1994
HJ	Mike Pascuzzo, 7-4.25 (2.24m), (Maryland)	1984	Christine Fink, 6-2 (1.88m), (Mexico)	1992
PV	Mark Strawderman, 17-6 (5.33m), (URI)	1982	Anna McFarlane, 12-6 (3.81m), (AirTime Athl)	2003
LJ	Steve Pina, 25-8.25 (7.83m), (Florida)	1997	Shana Williams, 20-10.25 (6.35m)	1995
TJ	D. McFadgen, 53-9.75 (16.40m), (ShoreAC)	1991	Sherita Williams, 44-0.75 (13.43m), (GBTC)	2006
SP	Randy Heisler, 63-2.25 (19.26m)	1987	Sandy Burke, 51-5 (15.67m), (NortheasternTC)	1983
WT	Chris Brown, 72-11.25 (22.23m)	2004	Anna Mahon, 75-10.25 (23.12m), (Nike)	2004

