

REVISED Tentative Schedule of Events (Meet may run ahead of schedule after 1:30pm)

ON THE OVAL

9:30am 3000m walk COED Final (20 minute limit)

ON THE STRAIGHTAWAY (top 8 trial times move on to one-section final)

Each Contested Event after the Other

9:55am 60HH W then M Trials
60m W then M Trials
Masters60m W / M Masters Final Only

ON THE OVAL

10:35am 3000m W Open
11:00am **GBTC Invitational 3000M** W Invitational Section
11:15am **GBTC Invitational 3000M** M Invitational Section
11:25am 3000m M Open
11:50am **GBTC Invitational 400m** W Invitational Section
11:55am 400m W Open (first section blocks only)
12:15am **GBTC Invitational 400m** M Invitational Section
12:20am 400m M Open (first section blocks only)
12:45pm Masters 400m W / M Masters Final

ON THE STRAIGHTAWAY

12:55pm **60m High Hurdle FINAL** MEN Final
1:05pm **60m High Hurdle FINAL** WOMEN Final
1:15pm **60m Dash FINAL** W Final
1:20pm **60m Dash FINAL** M Final

ON THE OVAL

1:30pm **Bill Squires Invitational Mile** W Invitational Section
1:40pm Mile W Open
2:15pm **Bill Squires Invitational Mile** M Invitational Section
2:20pm Mile M Open
3:20pm Masters Mile Men Only Masters Final (1 section)
3:30pm **PUMA Invitational 200m** W Invitational Section
3:35pm 200m W Open (first section blocks only)
4:05pm **PUMA Invitational 200m** M Invitational Section
4:10pm 200m M Open (first section blocks only)
4:40pm Masters 200m W / M Masters Final
4:50pm **DirectAthletics.com 800m** W Invitational Section
4:55pm 800m W Open
5:15pm **DirectAthletics.com 800m** M Invitational Section
5:20pm 800m M Open
5:40pm Masters 800m Men Only Masters Final (1 section)
Followed By 4 x 440y W / M
4 x 220y W / M

FIELD EVENTS (Flights and time schedule is based on entry numbers.) (Top 6 field athletes qualify for finals.)

10:00am Long Jump Men Final (Min. Measurement 5.48m)
Followed by Long Jump W Final (Min. Measurement 4.58m)(**approx. 11:30am**)
10:00am Shot Put W Final (Min. Measurement 9.75m)
Followed by 35 lb. Weight Men Final (Min. Measurement 13.10m)(**approx. 11:30am**)
11:00am Pole Vault W Final (Opening height is min. 2.61m)(.15m increments)
Followed by Pole Vault Men Final (Opening height is min. 3.36m)(.15m increments)
~1:00pm Triple Jump Men Final (Min. Measurement 11.58m)
Followed by Triple Jump W Final (Min. Measurement 9.75m)
~1:00pm High Jump W Final (Opening height is min. 1.52m)(.05m increments)
Followed by High Jump Men Final (Opening height is min. 1.82m)
~1:00pm 20 lb. Weight W Final (Min. Measurement 10.97m)
Followed by Shot Put Men Final (Min. Measurement 10.97m)
Followed by Masters Shot Put COED Final (to follow Open Shot)
Followed by Masters Weight COED Final (to follow Masters Shot)



THE GBTC INVITATIONAL



Sunday January 23, 2011

A New England Tradition Since 1980



Greater Boston Track Club Vitals

President: Laura Hayden
 Vice President: Sara Donahue
 Treasurer: Sara O'Brien
 Secretary: Brennan Bonner
 Coaches: Tom Derderian
 & David Callum
www.gbtc.org



Competition Staff

Meet Director: David Callum
 Games Committee: *Steve Vaitones, Christine Kloiber, Brad Kozel*
 Coordinator of Volunteers: *Brad Kozel*
 FinishLynx/Timing: *Dave Wilbur*
 Athletic Trainer: *Stephen Traynor*
 Harvard Facilities – Assistant Director of Athletics: *Duane Reeves*
 Officials provided by the *Mass. Track & Field Officials Assoc.*

Meet Records

60	Kwesi Sarabo, 6.68, (unatt)	2004	Nolle Graham, 7.37, (LeMans TC)	2004
200	Rod Tolbert, 21.15, (Nike)	1995	Flirtisha Harris, 23.6, (Seton Hall)	1994
400	Kevin Lyles, 46.7, (Seton Hall)	1994	Jearl Miles, 52.4, (Reebok Int'l)	1997
800	James Njorge, 1:47.86, (NewBal)	1999	Jen Toomey, 2:00.34, (Nike)	2004
Mile	Sydney Maree, 3:56.77, (Puma)	1990	Jen Toomey, 4:32.28, (Nike)	2006
3000	Alan Culpepper, 8:01.2, (Colorado)	1994	Vicki Huber, 8:48.07, (Nike)	1990
60HH	Jeff York, 7.73, (NYElite)	2001	Natasha Ruddock, 8.24, (Essex CC)	2008
4x220	Musketeers TC, 1:31.88	2010	Essex County CC, 1:38.94	1996
4x440	Essex County CC, 3:12.15	1999	Seton Hall, 3:42.24	1994
HJ	Mike Pascuzzo, 7-4.25, (Maryland)	1984	Christine Fink, 6-2, (Mexico)	1992
LJ	Steve Pina, 25-8.25, (Florida)	1997	Shana Williams, 20-10.25	1995
TJ	D. McFadgen, 53-9.75, (Shore AC)	1991	Sherita Williams, 44-0.75, (GBTC)	2006
PV	Mark Strawderman, 17-6, (URI)	1982	Anna McFarlane, 12-6, (AirTime Athl)	2003
SP	Randy Heisler, 63-2.25	1987	Sandy Burke, 51-5, (NortheasternTC)	1983
WT	Chris Brown, 72-11.25	2004	Anna Mahon, 75-10.25, (Nike)	2004