

Tentative Schedule of Events

ON THE OVAL

9:30am 3000m walk COED Final (**20 minute limit**)

ON THE STRAIGHTAWAY (top 8 trial times move on to one-section final)

Each Contested Event after the Other

10:00am	60 HH	W then M	Trials
	60m	W then M	Trials
	Masters60m	W / M	Final Only

ON THE OVAL

10:30am	3000m	W	One Section
10:45am	GBTC Invitational 3000M	M	Invitational Section
10:55am	3000m	M	Unseeded
11:20am	Restore Total Body 400m	W	Invitational Section
11:25am	400m	W	Unseeded
11:40am	Restore Total Body 400m	M	Invitational Section
11:45am	400m	M	Unseeded
12:10pm	Masters 400m	W / M	Final

ON THE STRAIGHTAWAY

12:20pm	60HH	MEN	Final
12:30pm	60HH	WOMEN	Final
12:40pm	VERMA Verve! 60m Dash	W	Final
12:45pm	VERMA Verve! 60m Dash	M	Final

ON THE OVAL

12:55pm	Bill Squires Invitational Mile	W	Invitational Section
1:05pm	Mile	W	Unseeded
1:20pm	Bill Squires Invitational Mile	M	Invitational Section
1:25pm	Mile	M	Unseeded
1:50pm	Masters Mile	Men Only	Final (1 section)
2:00pm	PUMA Invitational 200m	W	Invitational Section
2:05pm	200m	W	Unseeded
2:25pm	PUMA Invitational 200m	M	Invitational Section
2:30pm	200m	M	Unseeded
2:45pm	Masters 200m	W / M	Final
2:55pm	DirectAthletics.com 800m	W	Invitational Section
3:00pm	800m	W	Unseeded
3:10pm	DirectAthletics.com 800m	M	Invitational Section
3:15pm	800m	M	Unseeded
3:35pm	Masters 800m	Men Only	Final (1 section)
Followed By	4 x 440y	W	
	4 x 440y	M	
	4 x 220y	W	
	4 x 220y	M	

FIELD EVENTS (Flights and time schedule is based on entry numbers.) (Top 6 field athletes qualify for finals.)

10:00am	Long Jump	Men	Final	(Min. Measurement 5.48m)
Followed by	Long Jump	W	Final	(Min. Measurement 4.58m)(approx. 11:30am)
10:00am	Shot Put	W	Final	(Min. Measurement 9.75m)
Followed by	35 lb. Weight	Men	Final	(Min. Measurement 13.10m)(approx. 11:30am)
11:00am	Pole Vault	W	Final	(Opening height is min. 2.61m)(.15m increments)
Followed by	Pole Vault	Men	Final	(Opening height is min. 3.36m)(.15m increments)
1:00pm	Triple Jump	Men	Final	(Min. Measurement 11.58m)
Followed by	Triple Jump	W	Final	(Min. Measurement 9.75m)
1:00pm	High Jump	W	Final	(Opening height is min. 1.52m)(.05m increments)
Followed by	High Jump	Men	Final	(Opening height is min. 1.82m)
1:00pm	20 lb. Weight	W	Final	(Min. Measurement 10.97m)
Followed by	Shot Put	Men	Final	(Min. Measurement 10.97m)
Followed by	Masters Shot Put	COED	Final	(to follow Open Shot)
Followed by	Masters Weight	COED	Final	(to follow Masters Shot)