

\*\*\*\*\*NOTE: Considerable Changes from prior years\*\*\*\*\*

## Tentative Schedule of Events

### ON THE OVAL

#### Morning Session

|         |              |      |                           |                                    |                            |        |
|---------|--------------|------|---------------------------|------------------------------------|----------------------------|--------|
| 9:25am  | 3000m walk   | COED | Final ( 20 minute limit ) |                                    |                            |        |
| 9:45am  | 3000m        | W    | Unseeded                  |                                    |                            |        |
| 10:10am | 3000m        | M    | Unseeded                  |                                    |                            |        |
| 10:40am | 400m         | W    | Unseeded                  | 10:20am                            | <b>ON THE STRAIGHTAWAY</b> |        |
| 11:05am | 400m         | M    | Unseeded                  | Each Contested One after the Other |                            |        |
| 11:30am | Masters 400m | COED | Final                     | 60 HH                              | W                          | Trials |
| 11:40am | 800m         | M    | Unseeded                  | 60 HH                              | M                          | Trials |
| 12:05pm | 800m         | W    | Unseeded                  | 60m                                | W                          | Trials |
| 12:25pm | 200m         | W    | Unseeded                  | 60m                                | M                          | Trials |
| 12:45pm | 200m         | M    | Unseeded                  | Masters60m                         | COED                       | Final  |
| 1:20pm  | Masters 200m | COED | Final                     |                                    |                            |        |
| 1:30pm  | Mile         | W    | Unseeded                  |                                    |                            |        |
| 1:50pm  | Mile         | M    | Unseeded                  |                                    |                            |        |

#### Afternoon Session

#### Dash & Hurdle Finals Top 8 Times

|        |                                   |      |          |                                    |      |   |       |
|--------|-----------------------------------|------|----------|------------------------------------|------|---|-------|
| 2:15pm | Masters/Seniors Mile              | COED | Final    | Elite Massage Hurdle Finals        |      |   |       |
| 2:25pm | GBTC Accelerade Invitational Mile | W    | Final    | 1:35pm                             | 60HH | M | Final |
| 2:35pm | GBTC Accelerade Invitational Mile | M    | Final    | 1:45pm                             | 60HH | W | Final |
| 2:45pm | GBTC Invitational 400m            | W    | 2H-Final | 2:00pm                             | 60m  | W | Final |
| 2:55pm | GBTC Invitational 400m            | M    | 2H-Final | 2:05pm                             | 60m  | M | Final |
| 3:05pm | GBTC Invitational 200m            | W    | 2H-Final |                                    |      |   |       |
| 3:15pm | GBTC Invitational 200m            | M    | 2H-Final |                                    |      |   |       |
| 3:25pm | GBTC Direct Athletics Invite 800m | W    | Final    |                                    |      |   |       |
| 3:30pm | GBTC Direct Athletics Invite 800m | M    | Final    |                                    |      |   |       |
| 3:35pm | Masters/Seniors 800m              | M    | Final    |                                    |      |   |       |
| 3:40pm | GBTC Invitational 3000M           | M    | Final    |                                    |      |   |       |
| 3:50pm | 4 x 220y                          | W    |          | (Relays May Include Masters Teams) |      |   |       |
| 3:55pm | 4 x 220y                          | M    |          |                                    |      |   |       |
| 4:00pm | 4 x 880y                          | M    |          |                                    |      |   |       |
| 4:10pm | 4 x 440y                          | W    |          |                                    |      |   |       |
| 4:15pm | 4 x 440y                          | M    |          |                                    |      |   |       |

#### FIELD EVENTS

|         |                  |     |       |  |
|---------|------------------|-----|-------|--|
| 10:00am | Long Jump        | M   | Final | (Min. Measurement 18' 0")                                |
| 10:00am | Shot Put         | W   | Final | (Min. Measurement 32' 0")                                |
| 11:00am | Pole Vault       | W   | Final | (Opening height is min. 8' 0")                           |
| 11:30am | Long Jump        | W   | Final | (Min. Msrmt 15' 0")(or immediately after Men's LJ)       |
| 11:30am | 35 lb. Weight    | M   | Final | (Min. Msrmt 40' 0")(or immediately after Women's SP)     |
| 12:00pm | High Jump        | W   | Final | (Opening height is min. 4' 8")                           |
| 1:00pm  | Pole Vault       | M   | Final | (Opening height is min. 12' 0")                          |
| 1:00pm  | 20 lb. Weight    | W   | Final | (Min. Measurement 36' 0")                                |
|         | Shot Put         | M   | Final | (Min. Measurement 36' 0")(to follow 20 lb. Weight)       |
|         | Masters Shot Put | M/W | Final | (to follow Open Shot)                                    |
|         | Masters Weight   | M   | Final | (to follow Masters Shot)                                 |
| 2:00pm  | Triple Jump      | M   | Final | (Min. Measurement 38' 0")                                |
|         | Triple Jump      | W   | Final | (Min. Measurement 32' 0")(to follow Women's Triple Jump) |
| 2:30pm  | High Jump        | M   | Final | (Opening height is min. 5' 10")                          |

\*\*\*\*\*INTERNATIONAL IMPLEMENTS AND HURDLE HEIGHTS WILL BE USED\*\*\*\*\*

NO SCHOLASTIC HURDLES or THROWING IMPLEMENTS.

**In field events with a minimum mark, the first fair mark will be measured,**

**THEN only minimum "legal" measurements thereafter.**

Use of blocks in the unseeded 200 and 400 races will be at the meet director's discretion.

**Seeded afternoon sections for the 200 and 400 will be set up as 2 heats.**

Only one invitational event per athlete.